



Menu Solaria 2026 Terbaru & Harga Lengkap

Menu Express Bowl

Menu	Harga (Rp)
Express Bowl Ayam Rica-Rica	24.546
Express Bowl Ayam Geprek	27.273
Express Bowl Fillet Ikan	27.273
Express Bowl Mix (Udang, Ikan, Ayam)	30.546

Menu Spesial

Menu	Harga (Rp)
Spaghetti Bolognese	25.455
Nasi + Ayam Crispy Black Pepper Sauce	29.091
Nasi Crispy Chicken Spicy Mayo	29.091
Nasi + Ayam Teriyaki	38.182
Nasi + Ayam Katsu Teriyaki Saos	39.091
Chicken Cordon Bleu	48.182
Chicken Mozzarella	48.182
Chicken Steak Chessy	48.182
Fish & Chips	51.819

Bihun

Menu	Harga (Rp)
Bihun Ayam	26.364
Bihun Ayam Bakso	33.637
Bihun Ayam Pangsit Rebus	31.819
Bihun Goreng Ayam	37.273
Bihun Goreng Sapi	40.910
Bihun Goreng Seafood	43.637

Mie

Menu	Harga (Rp)
Bakso Halus Mie/Bihun	22.728
Bakso Ikan Kuah	22.728
Pangsit Rebus	22.728
Mie Ayam	28.182
Mie Ayam Bakso	29.091
Mie Goreng Ayam	38.182
Mie Goreng Seafood	44.546

Nasi Goreng

Menu	Harga (Rp)
Nasi Goreng Special	30.910
Nasi Goreng Ayam	36.365
Nasi Goreng Seafood	43.637
Nasi Goreng Tom Yum Seafood	43.637

Menu Paket

Menu	Harga (Rp)
Nasi Cap Cay	40.001
Nasi Ayam Cah Jamur	40.001
Nasi Bistik Ayam	41.819
Nasi + Ayam Goreng Mentega	41.819
Nasi + Cumi Goreng Mentega	44.546
Nasi + Fillet Ikan Goreng Tepung	48.182

Snack

Menu	Harga (Rp)
Fish Ball Satay	20.910
Prawn Ball Satay	20.910
Spring Roll	20.910
French Fries	21.819

Wedges With Bolognese Sauce	24.546
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Minuman

Menu	Harga (Rp)
Taro Milk Shake	23.638
Red Bean Milk Tea	23.638
Teh Tarik	20.001
Es Kopi Malaka	20.001
Orange Juice	20.910
Lemon Tea	13.637
Coke / Sprite / Fanta	10.001
Air Mineral Botol	10.001
Teh Manis	9.091

Informasi Kalori dan Gizi untuk produk populer dari Solaria Indonesia

Item Populer	Ukuran Porsi	Kalori
Cap Cay	100g	67 kkal
Kwetiau Goreng	100g	210 kkal
Nasi Goreng	100g	168 kkal
Nasi Goreng Spesial	100g	230 kkal
Bihun Goreng Ayam	1 porsi (150g)	455 kkal
Chicken Cordon Bleu	1 porsi (151g)	304 kkal
Kwetiau Siram Seafood	1 porsi	369 kkal
Nasi Goreng Seafood	1 serving (495g)	1120 kkal
Sapo Tahu	100g	604 kkal
Kwetiau Siram Sapi	1 porsi (470g)	570 kkal
I Fu Mie	1 porsi (100g)	160 kkal
Fu Yung Hai	100g	131 kkal
Ayam Cah Jamur	1 serving	150 kkal
Fish and Chips	1 serving	420 kkal
Chicken Cordon Bleu	100g	230 kkal
Bihun Siram Ayam	100g	90 kkal

Harga belum termasuk PPN 10%.

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